



Renungan Pagi dan Perkongsian Ilmu: “Kecelaruan Seksual.”

Tarikh : 28 Mac 2022

Pengacara Majlis : Puan Mazlisah binti Aris

Bacaan Doa : Encik Mohd Syawal bin Mohamed Abdul Fatah

Perkongsian Ilmu: Dr. Zulfikar bin Ahmad, Pengarah Pusat Kaunseling

Objektif program ini ialah untuk melancarkan penyampaian maklumat dan ilmu yang berbentuk perkongsian pengalaman dan memotivasikan staf. Pada sesi Renungan Pagi ini Dr. Zulfikar bin Ahmad, Pengarah Pusat Kaunseling, Jabatan TNC (HEP) telah menyampaikan perkongsian ilmu bertajuk “Kecelaruan Seksual.”

• The Paraphilic Disorders are comprised of two very different types of disorders: the criminal and noncriminal.

- The diagnostic criteria of the **Criminal Paraphilic Disorders** (Exhibitionistic, Frotteuristic, Pedophilic, and Voyeuristic Disorders) all require a nonconsenting person, and individuals acting on these sexual urges would constitute a crime.
- The **Noncriminal Paraphilic Disorders** (Fetishistic, Sexual Masochism, Sexual Sadism, and Transvestic Disorders) usually involve a consenting partner, and acting on these sexual urges would not constitute a crime necessarily.

• A new definition of a paraphilia was presented in DSM-5: “**The term paraphilia denotes any intense and persistent sexual interest other than sexual interest in genital stimulation or preparatory fondling with phenotypically normal, physically mature, consenting human partners**” (APA, 2013a, p. 685).

• A paraphilic interest might not be intense, but would include “any sexual interest greater than or equal to normophilic sexual interests” (APA, 2013a, p. 685).

Table 1. DSM-5 specified paraphilic disorders

Disorder	Atypical sexual interest
Voyeuristic disorder	Observing an unsuspecting person who is naked, disrobing, or engaging in sexual activity
Exhibitionistic disorder	Exposure of one's genitals to an unsuspecting person
Frotteuristic disorder	Touching or rubbing against a nonconsenting person
Sexual masochism disorder	Being humiliated, beaten, bound, or otherwise made to suffer
Sexual sadism disorder	Physical or psychological suffering of another person
Pedophilic disorder	Prepubescent children
Fetishistic disorder	Nonliving objects or nongenital body parts
Transvestic disorder	Cross-dressing