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A REVIEW ON EXTERNAL AND INTERNAL APPROACHES TO OVERCOME SPEAKING ANXIETY AND COPING STRATEGIES AMONG PRE-SERVICE ESL TEACHERS AYU RITA MOHAMAD1*, WAN FARAH WANI WAN FAKHRUDDIN2, NURHASMIZA ABU HASAN SAZALLI3 123UNIVERSITI TEKNOLOGI MALAYSIA

PROBLEM STATEMENT

Horwitz, Horwitz, & Cope (1986) stressed that speaking is one of the most anxiety-provoking situations for most learners.

Speaking anxiety could lead to inhibition of L2, especially English learning and affect students' speaking ability, which may have negative impact on students' SLA and performance (Hwa, 2012).

OBJECTIVES

To review previous studies on how individuals cope with speaking anxiety

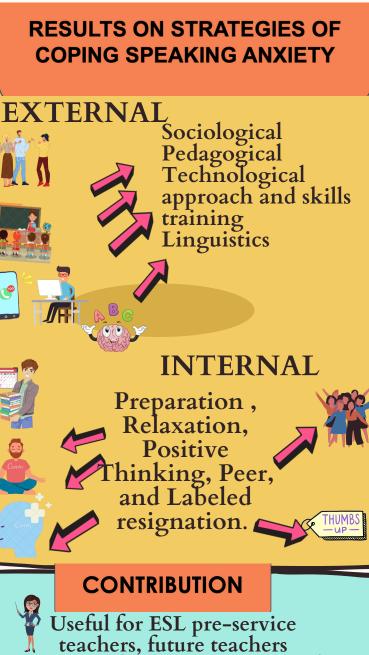
Context of Coping Strategies

Speaking anxiety coping strategies are ways alleviate the anxiety among pre-service ESL teachers when delivering their oral presentation. There are 2 types ; internal and external.



No of Papers: **5** Sources: **Google**

IMPACT



teachers, future teachers Help inform the developers of the curriculum on the validity of the education program

CONCLUSION

The mentioned strategies in this paper have an important role to alleviate the anxiety among pre-service ESL teachers

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